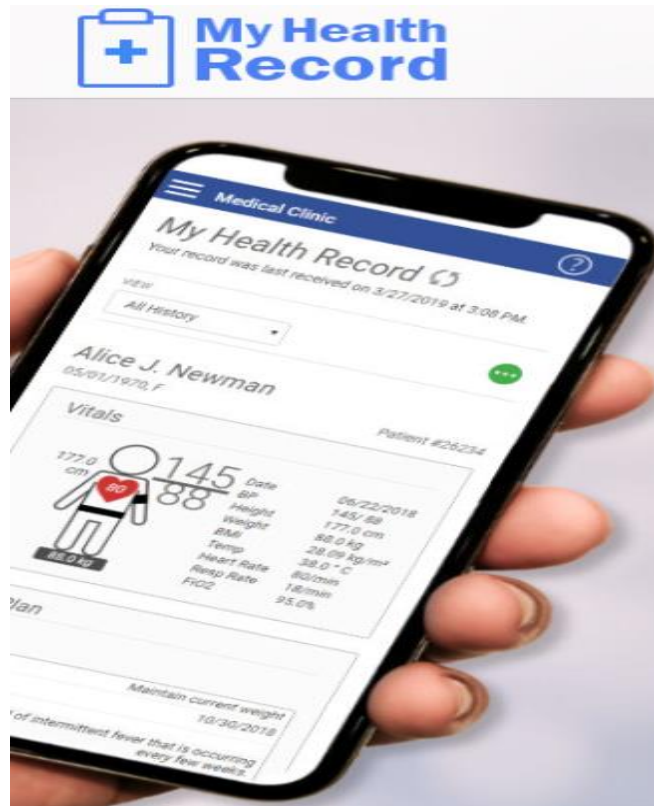




PATIENT PORTAL GUIDE





What is a Patient Portal?


A secure online website that gives patients easy access to personal health information. Using a secure Username and Password patients can view:

- Clinical Summary
- Medications
- Labs
- View upcoming appts

How can you get access to your patient portal?

1. Go to your inbox & Click on **REGISTER HERE**

Register with Citrus Health Network, Inc. Inbox x ⌵ 🖨 🔗

 **Citrus Health Network, Inc.** <donotreply@myhealthrecord.com> Wed, Jul 14, 2:17 PM (2 days ago) ☆ ↶ ⋮
to me ▾


Dear [REDACTED]

We are excited to invite you to join our patient portal. On the portal, you can

- View your upcoming appointments
- View your health information

Sign up for an account to get anytime, anywhere access to all of the above – and more! It's an easy way to view your healthcare information.

Let's get you started. To register and start taking advantage of the patient portal, visit this link:

[Register Here](#) 

This link will expire in 14 days. If your link expires or you need assistance with registration, please call our office.

After you register, go to <https://myhealthrecord.com> anytime to visit our portal.

Thank You,



2. Patient Registration:

Enter all the following information:

- First Name
- Last Name
- DOB
- Zip Code

3. Select “Continue”

Identification

Please be sure to use the exact information you gave the practice.

First Name (required)

Last Name (required)

Date of Birth (required)

Zip Code (required)

Continue

4. User Profile:

Enter all the following information

- Username
- Password
- Confirm Password
- Answer Security Question #1
- Answer Security Question #2

5. Select “Continue”

User Profile

Username (required)
username
Username should be 6 to 50 characters with no spaces and no @ sign. Letters, numbers and special characters _!\$%& are allowed

Password (required)
password
*Password should be 8-64 characters, and may include special characters. Your password should be simple enough that you can remember it without reusing or varying one of your existing passwords, and long enough that attackers can't easily guess it. Phrases or complete sentences such as, "My dog Spot is a good boy" are recommended.

Confirm Password (required)
password

Security Question #1 (required)
Please choose

Answer (required)
answer

Security Question #2 (required)
Please choose

Answer (required)
answer

Continue

6. Next, select “I Accept.” Now, you can view “My Health Record.”

AA myhealthrecord.com

Citrus Health Network, Inc.

Registration Disclaimer

In case of emergency, always dial 911. Do not use the Patient Portal for: emergencies, urgent questions that need an answer the same day, diagnosis or treatment of medical or mental health symptoms, or complicated questions or concerns that may need more in-depth discussion. En caso de emergencia, siempre marque 911. No use el Portal para: emergencias, hacer preguntas urgentes que necesitan respuestas el mismo día, el diagnóstico o el tratamiento de los síntomas de salud física o salud mental, y preguntas o preocupaciones más complicadas que podrían necesitar discusión más detallada.

IF YOU ACCEPT THE TERMS ABOVE, AS WELL AS THE TERMS OF SERVICE AND PRIVACY POLICY SET FORTH BELOW, CLICK 'I accept' BELOW.

The Terms of Service and Privacy Policy are posted on the site and made available to you for your review at any time.

TERMS OF SERVICE

Last updated August 27, 2018

MyHealthRecord.com (the "Service") is offered by Your Health Care Provider ("Provider") through its website or a

Citrus Health Network, Inc.

My Health Record

Your record was last received on 7/15/2021 at 10:22 AM

00/09/2000, M Patient #136009

Vitals

96
63

6'1" 150 lbs

Date: 06/23/2021
BP: 96/63
Height: 6'1"
Weight: 150 lbs
BMI: 30.80 kg/m²
Heart Rate: 83/min
Resp Rate: 16/min
O₂ Sat: 99%

Vitals History

DATE	BP	HEIGHT	WEIGHT	BMI
06/23/2021	96/63	6'1"	150 lbs	30.80 kg/m ²
03/08/2021	56"	56"	200 lbs	44.80 kg/m ²

Allergies

Penicillin
Skin Rash, Hives, Nausea

Social History

Social History Unavailable
Last Updated:

Lab Results

No recorded Lab Results

Procedures and Medical History

01/28/2015
No prior surgery
Completed

01/28/2015
Surgical / procedural history
Completed

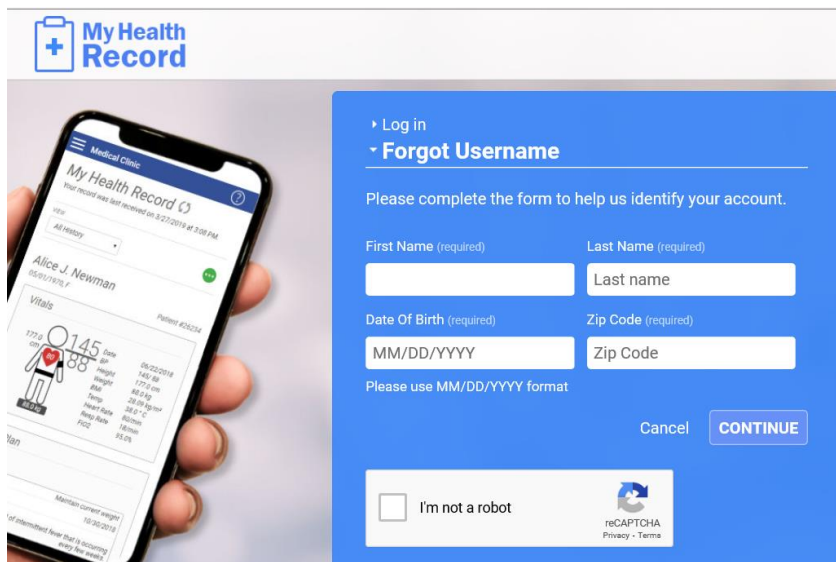
01/28/2015
History of psychiatric disorders
Completed

01/28/2015

How to Change Username and/or Password

1. Log in to: <https://myhealthrecord.com>

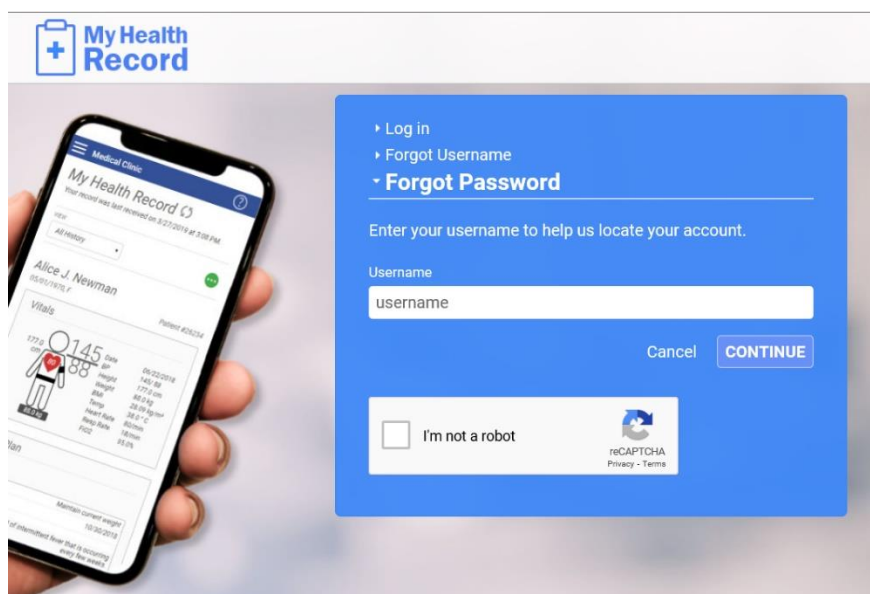
To change Username, select **“Forgot Username”**



The screenshot shows the My Health Record login interface. On the left, a smartphone displays the patient's health record for Alice J. Newman, including vital signs and a doctor's note. On the right, the login form is displayed with the following elements:

- My Health Record logo
- Navigation menu: Log in, **Forgot Username** (selected), Forgot Password
- Instruction: Please complete the form to help us identify your account.
- Form fields: First Name (required), Last Name (required), Date Of Birth (required), Zip Code (required)
- Placeholder text: MM/DD/YYYY, Last name, Zip Code
- Instruction: Please use MM/DD/YYYY format
- Buttons: Cancel, CONTINUE
- reCAPTCHA: I'm not a robot checkbox and reCAPTCHA logo with Privacy - Terms link

To change Password, select **“Forgot Password”**



The screenshot shows the My Health Record login interface with the 'Forgot Password' option selected. The layout is similar to the previous screenshot, but with the following differences:

- Navigation menu: Log in, Forgot Username, **Forgot Password** (selected)
- Instruction: Enter your username to help us locate your account.
- Form field: Username (placeholder: username)
- Buttons: Cancel, CONTINUE
- reCAPTCHA: I'm not a robot checkbox and reCAPTCHA logo with Privacy - Terms link